

OLD FASHIONED STYLE
PrimoHoagies

ITALIAN SPECIALTY SANDWICHES

LOW CARB WRAP

Item Name	Wgt (g)	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
Abruzzi	400	800	530	59	25	0.5	115	1550	29	13	3	60
American	359	620	330	37	16	0.5	145	3530	29	11	4	54
Audiablo	359	520	200	22	10	0.5	105	2350	29	11	5	63
Audie	359	520	210	24	10	0.5	105	2340	29	11	4	64
Bada Bing	482	870	380	42	14	0.5	120	2510	64	15	3	69
Bada Boom	441	1050	530	59	17	0.5	120	2460	61	12	9	68
Beef Diablo	359	560	210	23	10	0.5	100	2080	29	11	5	64
Big T	359	490	210	24	10	0.5	115	3070	29	11	4	59
Big T Diablo	359	500	200	22	10	0.5	105	2850	30	11	7	57
Bologna and Cheese	359	780	520	57	23	0.5	120	2940	31	11	6	47
Buffalo Chicken	355	930	590	66	17	0.5	180	2410	28	10	6	64
Buffalo Cutlet	459	990	550	61	15	0.5	140	4950	60	13	3	59
Cheese Deluxe	359	910	590	66	35	0.5	160	2560	34	11	4	67
Chicken Colette	432	920	410	46	16	0.5	160	2670	60	12	3	78
Chicken Diablo	432	860	390	44	15	0.5	140	2500	63	13	5	63
Chicken Parmigiana	482	870	380	43	14	0.5	120	2690	69	14	8	66
Chicken Supremo	522	1020	490	54	23	0.5	175	2610	61	13	5	75
Corned Beef and Swiss	368	810	240	27	13	0.5	130	2560	29	11	4	72
Crusher	338	640	370	41	13	0.5	115	3100	29	10	2	66
Eggplant Parmigiana	640	970	390	44	19	0.5	235	3220	104	19	18	56
Gianna	368	810	350	39	14	0.5	85	3330	28	11	4	67
Ham and Cheese	359	500	220	24	11	0.5	125	3520	29	11	4	55
Ham and Cheese Diablo	359	530	210	23	10	0.5	100	3070	31	11	8	53
Healthy Cheese	359	920	580	64	37	0.5	180	1150	27	11	4	67
Healthy Ham and Cheese	359	530	210	23	10	0.5	100	2060	30	11	6	56
Italian	359	630	290	32	12	0.5	120	2830	31	11	6	58
Italian Diablo	359	610	280	31	12	0.5	110	2920	31	11	6	59
Italian Sausage	450	740	450	50	19	0.5	110	2660	36	13	6	42
Italian Tuna	330	560	230	25	7	0.5	110	2010	27	11	4	64
Knuckle	377	700	410	46	23	0.5	95	2410	34	11	6	52
Milano	477	890	520	58	35	0.5	170	1960	30	11	6	60
Mild Italian	359	630	290	32	12	0.5	120	2830	31	11	6	58
Mild Sharp Italian	359	630	290	32	13	0.5	120	2900	31	11	6	58
Napolitano	359	820	390	44	16	0.5	105	3280	29	11	4	67
Nellie	368	780	530	59	25	0.5	115	1670	28	11	4	56
New Yorker	368	850	510	57	19	0.5	180	4140	27	11	4	67
Nonnas Veggie	518	700	250	28	11	0.5	170	2400	80	18	10	44
Old Fashioned Meatball	414	860	470	52	19	0.5	255	3460	46	11	6	60
Old Italian	359	820	380	42	15	0.5	90	3400	29	11	4	68
Old World Style Meatball	450	980	570	63	25	0.5	285	3700	48	11	6	68
Pal Joey	296	800	480	53	24	0.5	160	2790	24	10	2	60
Pescara	393	730	340	38	14	0.5	140	2580	29	11	5	75
Pork Diablo	359	780	530	59	26	0.5	125	1870	29	11	5	53
R Special	338	700	370	41	10	0.5	125	3460	30	10	5	57
Roast Beef and Cheese	359	570	220	24	10	0.5	100	1870	29	11	5	66
Roast Beef Schwartzie	581	1230	520	58	16	0.5	125	2580	109	15	25	81
Schwartzie	445	1150	520	58	18	0.5	150	3020	50	12	24	70
Sharp Italian	359	630	290	32	13	0.5	120	2900	31	11	6	58
Sicilian	359	1020	660	73	30	0.5	255	3980	29	11	4	64
Slim T	359	470	170	19	8	0.5	95	2500	30	11	7	59
Soprano	368	480	190	21	9	0.5	100	2430	28	11	4	65
Sopressata & Sharp	359	860	530	59	23	0.5	170	3660	29	11	4	67
Sulmona	338	1090	750	83	33	0.5	245	3350	27	10	2	59
Suprimo	368	770	360	40	19	0.5	105	2630	27	11	4	61
Tavern & Swiss	359	550	230	25	11	0.5	105	2340	29	11	6	59
Tuna Delight	338	490	180	20	10	0.5	90	1450	27	11	4	59
Tuna Diablo	375	730	340	38	15	0.5	150	2770	29	11	5	72
Turkey and Cheese	359	480	210	23	10	0.5	110	2610	29	11	4	63
Turkey Diablo	359	480	190	21	10	0.5	110	2630	29	11	5	61
Turkey Schwartzie	445	860	500	55	16	0.5	135	2480	50	12	24	67
Veggie Diablo	492	850	370	41	14	0.5	170	2210	78	17	12	46
Whacked Chicken	468	1030	540	59	17	0.5	125	3060	67	13	5	67
White Tuna	284	320	60	7	1.5	0.5	50	1220	27	11	4	48

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

Ingredients:

WATER, WHEAT GLUTEN, ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), OAT FIBER, DEFATTED SOY FLOUR, CORN STARCH, WHOLE WHEAT FLOUR, SOYBEAN OIL, SOY PROTEIN ISOLATE, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: VEGETABLE SHORTENING (SOYBEAN OIL, VEGETABLE MONO- AND DIGLYCERIDES), CALCIUM SULFATE, SALT, SESAME SEED FLOUR, SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, PRESERVATIVES (CALCIUM PROPIONATE, POTASSIUM SORBATE), FUMARIC ACID, HYDROGENATED SOYBEAN OIL, MONOGLYCERIDES, SUCRALOSE, SODIUM METABISULFITE, CORN STARCH, MICROCRYSTALLINE CELLULOSE, DICALCIUM PHOSPHATE. CONTAINS WHEAT, SULFITES, SOY